



STOP THE BLEED®

SAVE A LIFE

Learn the skills to stop uncontrolled bleeding in an emergency situation!

Monday, September 21st, 2026
9:00 AM to 10:30 AM EDT

WHERE

In Person

Li Ka Shing Knowledge Institute,
Room 241

209 Victoria Street,
Toronto, ON

WHO CAN REGISTER

This session is **only** available to
Downtown Yonge BIA members
and **their staff**.

**Limited number of spaces of
available.**

PRICE

FREE

INSTRUCTORS

This course is taught by staff from the **St. Michael's
Hospital Trauma Program**.



Scan the QR code to register!



SAVE A LIFE

What is Stop the Bleed?

Is a 90-minute lecture-based and hands on course that teaches you how to **identify life threatening bleeding** and **3 techniques** to manage while waiting for First Responders.



Who can take Stop the Bleed?

Stop the Bleed is the **CPR** of bleeding management. Its teachings apply to everyone, from civilians to healthcare professionals.

