

Summer cooling Centres, which provide a place to rest, washroom facilities, cool down and referrals to emergency shelters with additional supports, will be available at the following locations starting May 15th – September 30th in hot weather season.

- 100 Queen Street West
- 55 John Street

TORONTO COMMUNITY CRISIS SERVICE (TCCS)

This service aims to respond to the needs and desires of the communities most impacted by policing and establishing trust and confidence in a new community based response model. This service is available city wide 24 hours a day, 7 days a week, and serves individuals 16 years of age and older.

The Toronto Community Crisis Service (TCCS) is a new, alternative approach to responding to someone in crisis. The service provides an alternative to police enforcement, creating a community based, client centred, trauma informed response to nonemergency crisis calls and wellness checks.

TORONTO WITHDRAWAL MANAGEMENT SERVICES
•Central: 1-866-366-9513
•Toronto Area: 416-864-5040
EMERGENCY
•Police, fire, medical: 911
•Non-Emergency: 416-808-2222
ASSAULTED WOMEN'S HELPLINE
•Toll-free: 1-866-863-0511
EMOTIONAL "DISTRESS"
•Phone: 416-408-HELP (4357)
*24-hour telephone support for emotional and suicide intervention/prevention
GERSTEIN CENTRE
•Phone: 416-929-5200
*24-hour adult mental health crisis line
KIDS HELP PHONE
•Phone: 1-800-668-6868
*24-hour, free, confidential, anonymous telephone counselling for youth
CENTRAL INTAKE
•Phone: 416-338-4766
GENERAL COMMUNITY & SOCIAL SERVICES
•Phone: 211
SUICIDE CRISIS HOTLINE
•Phone: 988
COMMUNITY SAFETY SUPPORT
•Email: communitysafety@trevictor.org
DOWNTOWN EAST COMMUNITY SUPPORT (COAST)
•Phone: 416-36402261 EX2226 or 437-335-5916
HARM REDUCTION COMMUNITY CARE PROJECT
•Phone: 647-446-9560 or 416-920-9567 ex.243
•Email: communitycare@pasan.org
HERE TO HELP (H2H) COMMUNITY CONCERNS
•Phone: 416-929-4200

NEED TO KNOW NUMBERS

DROP-IN RESOURCE

OF YONGE & DUNDAS

DROP-IN AGENCIES WITHIN 1.7KM

DOWNTOWN TORONTO

Summer/Fall 2025



5	LAW SOCIETY FOUNDATION LAWYERS FEED THE HUNGRY
130 QUEEN ST. W.	1KM



FOOD (TAKE-OUT AVAILABLE)
•Tues & Wed: 5pm
•Thurs: 6:45am
•Sun: 10am

PHONE: 416-947-3412

6	TORONTO COUNCIL FIRE NATIVE CULTURAL CENTRE
439 DUNDAS ST. E.	1.2KM



FOOD (DINE-IN 60 PEOPLE)
•Breakfast: Every day: 9:30am–10am
•Lunch: Every day: 1pm–1:30pm

DROP-IN
•Mon–Thurs: 10am–12pm & 1:30pm – 3:30pm

ADVICE
•Staff available to assist with academic upgrading and skills development

PHONE: 416-360-4350

Food bank availability twice a month call for more details.

7	ALL SAINTS' CHURCH COMMUNITY CENTRE
315 DUNDAS ST. E.	0.85KM



DROP-IN HOURS
•Mon, Tues & Thurs: 8:30am–2:30pm
•Wed: 10:30am–3pm

FOOD
•Breakfast: Mon, Tues & Thurs: 9:30am
•Lunch: Mon–Thurs: 12:30pm for drop-in program, takeout in parking lot

CLOSED: Aug 4th –17th 2025

PHONE: 416-368-7768

Indoor capacity of 50

8	FRED VICTOR: OPEN HOUSE DROP-IN
145 QUEEN ST. E.	0.85KM



FOOD (TAKEOUT)
•Mon–Fri: 10am–11am & 4pm–5pm

DROP-IN HOURS
•11am–12:30pm
•2:30pm–4:30pm

PHONE: 416-364-8228

Housing help every Wednesday of each month. ID first three Thursdays of every month

Youth 16-24

PHONE: 416-598-4898
•Fri: 12pm–6:30pm
•Mon–Sun: 12pm–6:45pm
*If possible, call first



20 GERRARD ST. E.	0.45KM
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3	COVENANT HOUSE TORONTO
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Homeless Memorial @ noon every 2nd Tuesday of each month.

PHONE: 416-598-4521
•Pet Friendly
•Tues & Wed: 12pm–1:30pm
•Mon–Fri: 12pm–1pm

MEALS & CLOTHING, HARM REDUCTION & HYGIENE SUPPLIES
•Tues & Wed: 12pm–1:30pm
•Mon–Fri: 12pm–1pm
•Grocery support: Registration Mon & Wed, support provided on Fri



19 TRINITY SQUARE	0.35KM
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1	CHURCH OF THE HOLY TRINITY
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412 QUEEN ST. E.	1.7KM
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4	GOOD SHEPHERD CENTRE
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Note: Clothing bank available by appointment

PHONE: 416-963-9963
•Mon–Fri: 12pm–1pm
•Drop-in hours

FOOD (TAKEOUT)
•Mon–Fri: 12pm–1pm
•Grocery support: Registration Mon & Wed, support provided on Fri



191 GERRARD ST. E.	1.1KM
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2	NATIVE WOMEN'S RESOURCE CENTRE
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5	LAW SOCIETY FOUNDATION LAWYERS FEED THE HUNGRY
130 QUEEN ST. W.	1KM



FOOD (TAKE-OUT AVAILABLE)
•Tues & Wed: 5pm
•Thurs: 6:45am
•Sun: 10am

PHONE: 416-947-3412

6	TORONTO COUNCIL FIRE NATIVE CULTURAL CENTRE
439 DUNDAS ST. E.	1.2KM



FOOD (DINE-IN 60 PEOPLE)
•Breakfast: Every day: 9:30am–10am
•Lunch: Every day: 1pm–1:30pm

DROP-IN
•Mon–Thurs: 10am–12pm & 1:30pm – 3:30pm

ADVICE
•Staff available to assist with academic upgrading and skills development

PHONE: 416-360-4350

Food bank availability twice a month call for more details.

9	SALVATION ARMY GATEWAY
107 JARVIS ST.	1KM



FOOD (TAKEOUT SERVICE)
•Wed, Sat & Sun: 5pm
first come, first served
•Housing worker & physician available

DROP-IN
•Tues & Fri: 11am–3pm

PHONE: 416-368-8710

Housing worker and physician available to present clients as well as former clients; by appointment only

10	ST JAMES CATHEDRAL
106 KING ST. E.	0.95KM



FOOD (TAKEOUT LUNCH)
•Fri: 1:30pm–3:30pm

FOOT CARE CLINIC (BY APPOINTMENT)
•Fri: 9am–3:30pm

PHONE: 416-364-7865 X222

Health card not needed

11	METROPOLITAN UNITED CHURCH
56 QUEEN ST. E.	0.6KM



SITDOWN MEAL
•Fri: 10:30am–12:30pm – Doors open at 10am
•Mon & Fri: 9am–10am
•Mon, Tues, Thurs & Fri: 12pm–1pm
•Sat–Sun: 12:30pm–2pm

RIMBALA PROGRAM MUSIC MOVEMENT
•Thurs: 10:45am–11:45am

DOORS OF CHURCH OPEN
•Mon–Fri: 12pm–3pm

KNITTING
•Thurs: 1pm–2pm

PHONE: 416-363-0331

12	THE 519
519 CHURCH ST.	1.4KM



SENIOR DROP-IN HOURS
•Mon & Wed: 2pm–4pm
•Thurs: 5:30pm–7:30pm

DROP-IN
•Sun: 11am–5pm

TAKEOUT MEALS
•Sun: 4pm–4:45pm

PHONE: 416-392-6874

Services are for individuals who identify as LGBTQ2S+ Health card not needed

13	CRC: CHRISTIAN RESOURCE CENTRE
40 OAK ST.	1.5KM



FOOD (TAKEOUT)
•All meals are Halal Mon through Sun
•Mon & Fri: 9am–10am
•Mon, Tues, Thurs & Fri: 12pm–1pm
•Sat–Sun: 12:30pm–2pm

ID CLINIC
•Every last Thursday of the month: 10am–12pm

LAUNDRY AND SHOWERS
•Mon, Tues, Thurs & Fri: 9:30am–2pm

HOUSING CLINIC
•Tues: 10:30am–11:30am – first come first serve (up to 3 people each day)

PHONE: 416-363-4234

Please call ahead in case of unexpected changes to service.

14	MARGARET'S TORONTO EAST DROP-IN CENTRE
323 DUNDAS ST. E.	0.85KM



FOOD
•Breakfast: Every day: 7am–8am
•Lunch: Every day: 11am–12pm

DROP-IN HOURS
•Mon–Sun: 7am–3pm

PHONE: 647-367-2100

15	SANCTUARY MINISTRIES
25 CHARLES ST. E.	1.7KM



FOOD/SHOWERS
•Tues: 11am–3pm
•Thurs: 5pm–9pm

ART 'STUDIO'
•Wed: 12pm–3pm

CHURCH SERVICE
•Sun: 5pm–7pm

PHONE: 416-922-0628, EXT. 210

16	HAVEN TORONTO
170 JARVIS ST.	0.6KM



DROP-IN HOURS
•Everyday: 8am–4pm

FOOD
•Breakfast: Everyday: 8:15am–9:15am
•Lunch: Everyday: 12:15pm–1:15pm
•Snacks: Everyday: 3pm–3:15pm

ACCESS
•Mail service, laundry and showers (for registered clients only): 9:30am–4:30pm

PHONE: 416-366-5377 X227

Men 50+ Health card not needed



DOWNTOWN TORONTO DROP-IN RESOURCE

SUMMER/FALL 2025

DROP-IN AGENCIES WITHIN 1.7KM OF YONGE & DUNDAS



DROP-INS

- 1 CHURCH OF THE HOLY TRINITY**
19 TRINITY SQUARE
Icons: Food, Shelter, Health, Hygiene, Pets, Laundry, Storage, Support, Community, Transportation, Other
- 2 NATIVE WOMEN'S RESOURCE CENTRE**
191 GERRARD ST. E.
- 3 COVENANT HOUSE TORONTO**
20 GERRARD ST. E.
- 4 GOOD SHEPHERD CENTRE**
412 QUEEN ST. E.
- 5 LAW SOCIETY FOUNDATION | LAWYERS FEED THE HUNGRY**
130 QUEEN ST. W.
- 6 TORONTO COUNCIL FIRE NATIVE CULTURAL CENTRE**
439 DUNDAS ST. E.
- 7 ALL SAINTS' CHURCH COMMUNITY CENTRE**
316 DUNDAS ST. E.
- 8 FRED VICTOR: OPEN HOUSE DROP-IN**
145 QUEEN ST. E.
- 9 SALVATION ARMY GATEWAY**
107 JARVIS ST.
- 10 ST. JAMES CATHEDRAL**
106 KING ST. E.
- 11 METROPOLITAN UNITED CHURCH**
56 QUEEN ST. E.
- 12 THE 519**
519 CHURCH ST.
- 13 CRC (CHRISTIAN RESOURCE CENTRE)**
40 OAK ST.
- 14 MARGARET'S TORONTO EAST**
323 DUNDAS ST. E.
- 15 SANGUARY MINISTRIES**
25 CHARLES ST. E.
- 16 HAVEN TORONTO**
170 JARVIS ST.

- Icons: Food, Shelter, Health, Hygiene, Pets, Laundry, Storage, Support, Community, Transportation, Other

COOLING CENTRES

- CITY HALL LIBRARY**
NATHAN PHILLIPS SQ, 100 QUEEN ST. W.
Mon-Thurs: 9am-8:30pm
Mon-Thurs: 9am-5pm
Sun: 1:30pm-5pm
PHONE: 416-393-7650
- METRO HALL**
55 JOHN ST.
Mon-Fri: 7:30am-9:30pm
Sat-Sun: 8am-6pm
PHONE: 311

- A** St. Michael's Hospital
B St. James Park
C Toronto City Hall / Nathan Phillips Square
D University Ave. Courthouse
E Barbara Hall Park
F Moss Park
G Allan Gardens
H George Hislop Park
I Queen's Park

LANDMARKS

- LEGEND**
Toronto Subway Access
Yonge & Dundas Intersection