Showers are for men only PHONE: 416-869-3619 For adult men: 24/7 SHELTER ADDICTION RECOVERY, EMERGENCY

ոցում։ թգա-բեա **НО**ИЅІИС НЕГР, **VETERANS PROGRAM** Med-Fri: 9am-4:30pm

> PASTORAL CARE • Mon & Thurs: 2pm-4pm CLOTHING ROOM

oben to all genders •Daily: 8:30am - Until finished, FOOD (TAKEOUT)

•Daily: 2pm-4pm DROP-IN HOURS

412 QUEEN ST. E.

4 6000 SHЕРНЕRD СЕИТВЕ

Mote: Clothing bank available by PHONE: 416-963-9963

.Mon-Fri: 12pm-1pm DROP-IN HOURS

support provided on Fri · Grocery support: Registration Mon & Wed, Mon-Fri: 12pm-1pm FOOD (TAKEOUT)



2 CENTRE WOMEN'S RESOURCE

315 DUNDAS ST. E.



•Mon, Tues & Thurs: 8:30am-2:30pm

·Breakfast: Mon, Tues & Thurs: 9:30am

PHONE: 416-368-7768

Indoor capacity of 50

6 ADELAIDE RESOURCE CENTRE FOR WOMEN

67 ADELAIDE ST. E.



HOURS OF OPERATION

Open 24/7, limited capacity

FOOD (TAKEOUT) •Breakfast: 8:15am

·Lunch: 12pm

•Dinner: 6pm

PHONE: 416-364-7739

Women only, no children Health card not needed

16-24 Youth 16-24

PHONE: 416-598-4898

Call 311 for access •Youth Only: Nov 15- April 15, 2025 **30 COLD WEATHER BEDS**

> .Fri: 11am-6:30pm FOOD BANK

*If possible, call first mq&4:0-mqSt :nu2-noM. **ВВОР-ІМ НОИВ**

20 GERRARD ST. E. 0.45KM

3 COVENANT HOUSE TORONTO

12:45pm. Tuesday of each month with lunch at Homeless memorial @ noon every second

PHONE: 416-598-4521

·Tues & Wed: 12pm-1:30pm REDUCTION & HYGIENE SUPPLIES MEALS & CLOTHING, HARM

19 TRINITY SQUARE 0.35KM

TI CHURCH OF THE HOLY TRINITY

PET Friendly

COMPUTER ACCESS



HEALTH SARE









BANK

CLOTHING

Winter/Spring 2025

OF YONGE & DUNDAS DROP-IN AGENCIES WITHIN 1.7KM

DROP-IN RESOURCE отиояот имотимод 886 :anon4.

·Phone: 211 GENERAL COMMUNITY & SOCIAL SERVICES

> • Phone: 416-338-4766 CENTRAL INTAKE

telephone counselling for youth *24-hour, free, confidential, anonymous 8989-899-008-1 :enon4.

*24-hour adult mental health crisis line Phone: 416-929-5200 GERSTEIN CENTRE

чид гисіде інгеклентіон/ргечентоп *24-hour telephone support for emotional Phone: 416-408-HELP (4357) "SSERTSIO" JANOITOME

.Toll-free: 1-866-863-0511

• Non-Emergency: 416-808-2222 Police, fire, medical: 911 EMERGENCY

•Toronto Area: 416-864-5040 .central: 1-866-366-9513 TORONTO WITHDRAWAL MANAGEMENT SERVICES

NEED TO KNOW NUMBERS

individuals 16 years of age and older. This service is available city wide 24 hours a day, 7 days a week, and serves

This service sims to respond to the needs and desires of the communities most impacted by policing and establishing trust and confidence in a new community based response model.

community based, client centred, trauma informed response to nonemergency crisis calls to someone in crisis. The service provides an alternative to police enforcement, creating a The Toronto Community Crisis Service (TCCS) is a new, alternative approach to responding

Call 2-1-1 to access service

TORONTO COMMUNITY CRISIS SERVICE (TCCS)

• 100 Princes' Blvd - The Better Living Centre at Exhibition Place (open 24-hours)

58 Cecil St (surge capacity during extreme cold weather)

885 Scarborough Golf Club Rd

e 12 Holmes Ave

• 81 Elizabeth St

• 136 Spadina Rd

referrals to emergency shelters with additional supports, will be available at the following locations starting mid-dovember only when temperatures reach -5 $^\circ$ C or below. Warming Centres, which provide a place to rest, access meals, washroom facilities and

WINTER WARMING CENTRES

5 LAW SOCIETY FOUNDATION I LAWYERS FEED THE HUNGRY

130 QUEEN ST. W.

FOOD (TAKE-OUT AVAILABLE) •Tues & Wed: 5pm

•Thurs: 6:45am •Sun: 10am

1.1KM

PHONE: 416-947-3412

7 ALL SAINTS' CHURCH COMMUNITY CENTRE



•Wed: 10:30am-3pm

• Lunch: Mon-Thurs: 12:30pm for drop-in

8 FRED VICTOR: OPEN HOUSE DROP-IN 145 QUEEN ST. E



FOOD (TAKEOUT)

•Mon-Fri: 10am-11am & 4pm-5pm

DROP-IN HOURS

•11am-12:30pm •2:30pm-4:30pm

PHONE: 416-364-8228

Housing help on last Wednesday of each month ID last two Thursdays of every month 9 SALVATION ARMY GATEWAY

· Housing worker & physician available

107 JARVIS ST.



FOOD (TAKEOUT SERVICE)

program, takeout in parking lot PHONE: 416-368-8710

Housing worker and physician available to present clients as well as former clients; by appointment only

10 ST JAMES CATHEDRAL 106 KING ST. E. 0.95KM

FOOD (TAKEOUT LUNCH) •Fri: 1:30pm-3:30pm

·Wed, Sat & Sun: 5pm

first come, first served

•Tues & Fri: 11am-3pm

DROP-IN

FOOT CARE CLINIC (BY APPOINTMENT) •Fri: 9am-3:30pm

PHONE: 416-364-7865 X222

Health card not needed

TORONTO COUNCIL FIRE NATIVE CULTURAL CENTRE

439 DUNDAS ST. E.



FOOD (TAKEOUT)

•Breakfast: Every day: 9:30am-10am ·Lunch: Every day: 1pm-1:30pm

ADVICE Staff available to assist with academic upgrading and skills development

PHONE: 416-360-4350

•Mon-Thurs: 1:30pm-2:30pm

Call for food bank availability 12 THE 519

519 CHURCH ST. 1.4KM

SENIOR DROP-IN HOURS

•Mon & Wed: 2pm-4pm •**Thurs:** 5:30pm-7:30pm

FOOD (MEALTRANS) •Tues: 5:30pm-8:30pm (for Trans-identifying individuals only)

TAKEOUT MEALS •Sun: 4pm-4:30pm

FROZEN MEALS •Wed & Thurs: 10am-12pm & 1pm-4pm

PHONE: 416-392-6874

Services are for individuals who identify as LGBTQ2S+ Health card not needed

13 CRC: CHRISTIAN RESOURCE CENTRE

40 OAK ST.

FOOD (TAKEOUT)

·All meals are Halal Mon through Sun ·Mon & Fri: 9am-10am

•Mon, Tues, Thurs & Fri: 12pm-1pm •Sat-Sun: 12:30pm-2pm

• Every last Thursday of the month: 10am-12pm

ID CLINIC

LAUNDRY AND SHOWERS •Mon, Tues, Thurs & Fri: 9:30am-2pm

•Tues: 10:30am-11:30am - first come first serve (up to 3 people each day)

changes to service.

HOUSING CLINIC

PHONE: 416-363-4234

14 MARGARET'S TORONTO EAST DROP-IN CENTRE

Please call ahead in case of unexpected

323 DUNDAS ST. E.

DROP-IN HOURS



Breakfast: Every day: 7am-8am •Lunch: Every day: 11am-12pm

Mon-Sun: 7am-3pm PHONE: 647-367-2100 15 SANCTUARY MINISTRIES

25 CHARLES ST. E 6000

FOOD/SHOWERS •Tues: 11am-3pm

·Thurs: 5pm-9pm **ART 'STUDIO'** •Wed: 12pm-3pm

CHURCH SERVICE •**Sun:** 5pm-7pm

PHONE: 416-922-0628, EXT. 210

16 HAVEN TORONTO

170 JARVIS ST.

DROP-IN HOURS

• Everyday: 8am-4pm

Breakfast: Everyday: 8am-9:15am • Lunch: Everyday: 12pm-1:15pm •Snacks: Everyday: 3pm-3:15pm

ACCESS ·Mail service, laundry and showers (for

PHONE: 416-366-5377 X227

registered clients only): 9:30am-4:30pm

Men 50+ Health card not needed 17 METROPOLITAN UNITED CHURCH

56 QUEEN ST. E.

1.7KM

0.6KM

SITDOWN MEAL •Fri: 10:30am-12:30pm - Doors open at

RIMBALA PROGRAM MUSIC MOVEMENT

Thurs: 10:45am-11:45am

CONCERT SERIES MOO AT MET •Thurs: 12pm-1pm

•Thurs: 1pm-2pm

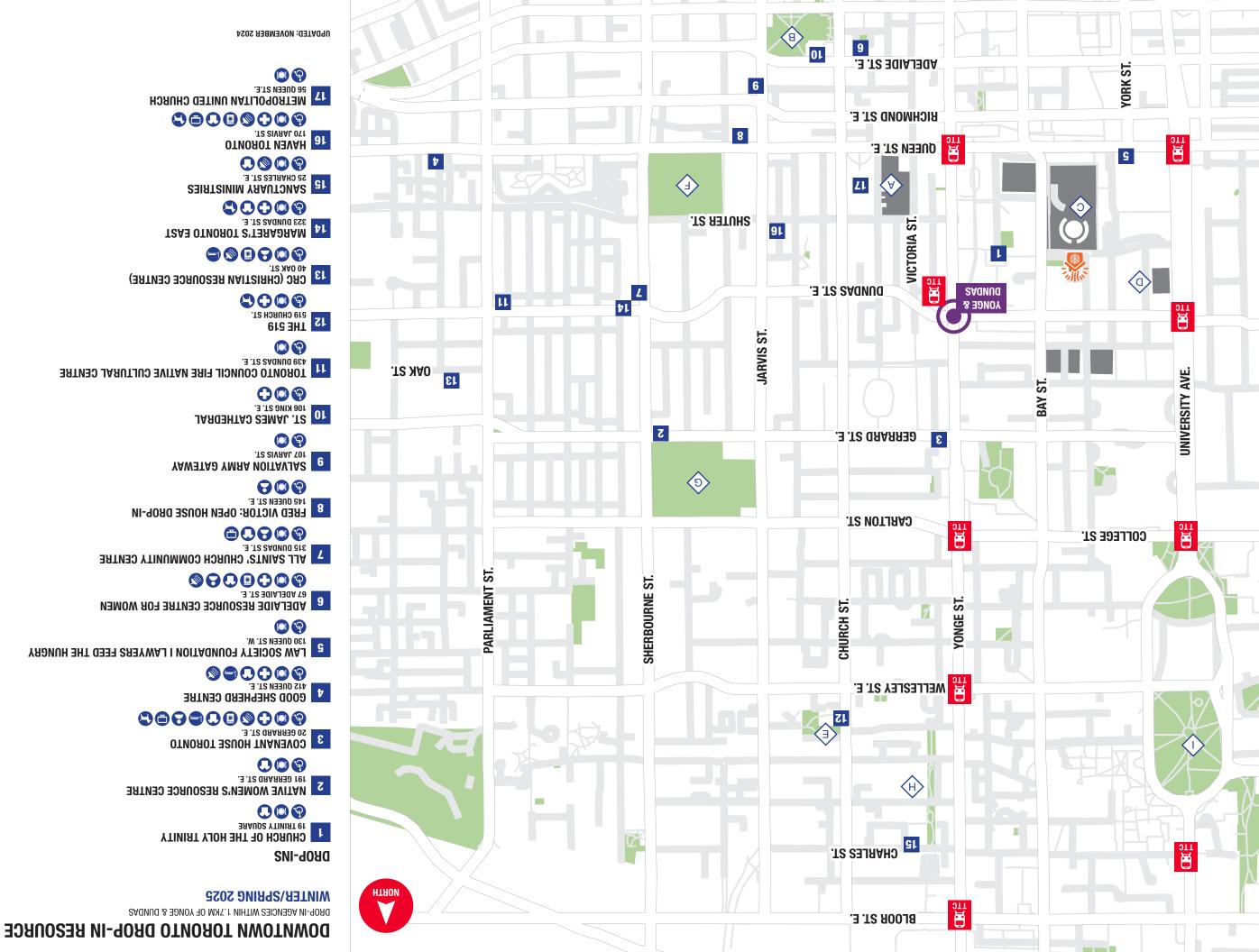
PHONE: 416-363-0331

KNITTING

DOWNTOWN



Please note: This document is provided for informational purposes only. The information contained herein is obtained from sources we believe to be reliable. We do not assume any responsibility for inaccuracies.



.12 Alizabeth St.

(I) Queen's Park

G) Allan Gardens

E Barbara Hall Park

B) St. James Park

LANDMARKS

TECEND

A St. Michael's Hospital

D University Ave. Courthouse

Toronto City Hall / Nathan

Yonge & Dundas Intersection

Scess Toronto Subway Access

(F) Moss Park

H George Hislop Park

WINTER WARMING CENTRE