Phone: 988 **NICIDE CRISIS HOTLINE**

Phone: 211 SEVERAL COMMUNITY & SOCIAL SERVICES

Phone: 416-338-4766 CENTRAL INTAKE

telephone counselling for youth *24-hour, free, confidential, anonymous **ьроие:** 1-800-668-6868 Кі**ds негь ьноие**

*24-hour adult mental health crisis line **Phone:** 416-929-5200 **BRSTEIN CENTRE**

*24-hour telephone support for emotional and suicide intervention/prevention Phone: 416-408-HELP (4357) DISTRESS CENTRES

Non-Emergency: 416-808-2222 Police, fire, medical: 911

0402-436-014 :6914 ofnoroT

TORONTO WITHDRAWAL MANAGEMENT SERVICES Central: 1-866-366-9513

NEED TO KNOW NUMBERS

25 CHARLES ST. E

16 HAVEN TORONTO

170 JARVIS ST.

FOOD

ACCESS

0.85KM

DROP-IN HOURS

• Everyday: 8am-5pm

15 SANCTUARY MINISTRIES

13 CRC: CHRISTIAN RESOURCE CENTRE 40 OAK ST. 1.5KM

FOOD (TAKEAWAY MEALS) •All meals are Halal Mon through Sun

•Mon & Fri: 9am-10am

•Sat-Sun: 12:30am-2pm

ID

•Tues: 11am-3pm •Thurs: 5pm-9pm •Mon, Tues, Thurs & Fri: 12pm-1pm

(Muslim Welfare Canada)

•Every last Thursday of the month: 1:30pm-3:00pm

LAUNDRY AND SHOWERS •Mon, Tues, Thurs & Fri: 9:30am-2pm

HOUSING CLINIC •Tues & Thurs: Registration at 9am; first come first serve (up to 3 people each day)

PHONE: 416-363-4234

Please call ahead in case of unexpected changes to service.

14 MARGARET'S TORONTO EAST DROP-IN CENTRE 323 DUNDAS ST. E

FOOD •Breakfast: Everyday: 7am-8am

•Lunch: Everyday: 11am-12pm •Snacks: Everyday: 3pm-4pm

PHONE: 647-367-2100

•Tues-Thurs: 10am-12pm & 1pm-4:45pm

PHONE: 416-360-4350 Call for food bank availability.

Staff available to assist with academic

upgrading and skills development

11 TORONTO COUNCIL FIRE NATIVE CULTURAL CENTRE

•Breakfast: Everyday: 9:30am-10am

•Lunch: Everyday: 1pm-1:30pm

•Mon-Thurs: 1:30pm-2:30pm

BANK Clothing

MHEELCHAIR ACCESSIBLE

9

BEDS

FOOD

Winter/Spring 2024

SAGNUG & DUNDAS

DROP-IN AGENCIES WITHIN 7.7KM

439 DUNDAS ST. E.

FOOD (TAKEAWAY)

6.0

DROP-IN

ADVICE

DROP-IN RESOURCE

ΟΤΝΟΑΟΤ ΝΨΟΤΝΨΟΟ

1KM

0.95KM

12 THE 519 519 CHURCH ST.

•Mon & Wed: 2pm-4pm FOOT CARE CLINIC (BY APPOINTMENT) FOOD (MEALTRANS)

Ω

•Tues: 5:30pm-8:30pm (for Trans-identifying individuals only)

FROZEN MEALS

PHONE: 416-392-6874

Services are for individuals who identify as

SENIORS DROP-IN HOURS

1.4KM

1.2KM

TAKEAWAY MEALS

•Sun: 4pm-4:45pm

LGBTQ2S+, Health card not needed

PHONE: 416-364-7865 X222 Health card not needed

FRIENDLY PET

9

YAUNUAJ

9 SALVATION ARMY GATEWAY

FOOD (TAKE OUT SERVICE)

by appointment only

10 ST JAMES CATHEDRAL

FOOD (TAKEAWAY LUNCH)

•Fri: 1:30pm-3:30pm

•Thurs: 9am-12pm

•Fri: 1pm-3pm

106 KING ST. E.

first come, first served

PHONE: 416-368-8710

·Mon, Wed, Thurs, Sat & Sun: 5pm

Service is for people aged 23+

Housing worker and Physician available to

present clients as well as former clients;

107 JARVIS ST.

RECESS ACCESS

NAWOHS

CLINIC ID

0

HTJAJH Jaaj

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appointment

PHONE: 416-963-9963

mqf-mqSf :irf-noM.

191 GERRARD ST. E.

12:45pm.

0.85KM

ARAUOS YTINIAT 6

PHONE: 416-598-4521

mq05:1-mq00:21 :b9W & s9uT.

МЯАН, ЭИІНТОЈЭ & СІОТНІИG, НАЯМ

REDUCTION & HYGIENE SUPPLIES

1 СНЛВСН ОF ТНЕ НОLY ТRINITY

ALL SAINTS' CHURCH COMMUNITY CENTRE

•Mon, Tues & Thurs: 8:30am-2:30pm

•Breakfast: Mon, Tues & Thurs: 9:30am

•Lunch: Mon-Thurs: 12:30pm for drop in

program – take out at 1:00pm in parking

(SJAAM YAWAAXAT) 0001

Mote: Clothing bank available by

Grocery support every Monday and

2 CENTRE CENTRE

Tuesday of each month w/ lunch at

Homeless memorial @ noon every second

Μεαυεεαελ τοι registered members only

PHONE: 416-364-8228

each month: ID clinics Thursdays at 1:30pm

0.35KM

7

FOOD

lot

315 DUNDAS ST. E.

•Wed: 10:30am-3pm

PHONE: 416-368-7768

Capacity of 30 people indoors

DROP-IN HOURS

1KM

FOOD (TAKEAWAY AT THE WINDOW) •Mon-Fri: 11am & 4pm

DROP-IN HOURS •11am-12:30pm •2:30pm-4:30pm

Housing help on last Wednesday of

0.85KM 145 QUEEN ST. E.

0.85KM

8 FRED VICTOR: OPEN HOUSE DROP-IN

152427 Booklet Winter.indd

Showers are for men only PHONE: 416-869-3619

For adult men: 24/7

mq4-mq2:i17-noM.

Open to all genders

ССОТНІИЄ ВООМ

mq4-mq2 :Vlis0.

FOOD (TAKEOUT)

ms11-ms8:vlis0.

СВОР-IN НОИВЗ

42-91 dfuoy 🕕

FOOD BANK

8684-862-914 :3NOH4

"It possible, call tirst

mq7-mq21 :nu2-noM.

DROP-IN HOURS

20 GERRARD ST. E.

.For Youth: Fridays at 11pm-6pm

5 LAWYERS FEED THE HUNGRY

FOOD (DINE-IN AVAILABLE)

3 COVENANT HOUSE TORONTO

1.1KM 412 QUEEN ST. E.

4 6000 SHEPHERD CENTRE

1.7KM

0.45KM

130 QUEEN ST. W.

•Tues & Wed: 5pm

PHONE: 416-947-3412

•Thurs: 6:45am

•Sun: 10am

EMERGENCY SHELTER

6 ADELAIDE RESOURCE CENTRE FOR WOMEN

67 ADELAIDE ST. E.

HOURS OF OPERATION

PHONE: 416-364-7739

Women only, no children

Health card not needed

FOOD (TAKEOUT)

Breakfast: 8:15am

•Lunch: 12pm

•Dinner: 6pm

•Open 24/7, limited capacity

aniiatons ani •West: Dufferin St. South to Queen St., West to Roncesvalles Ave., South from Roncesvalles to South: Toronto shoreline .5451: Spadina Ave. and Lower Spadina Ave. ·North: Canadian Pacific Railway Line seinebnuo8 **DOWNTOWN WEST** •West: Yonge St. to Dundas Square, East to Victoria St., Dundas St. E, Yonge St.

• South: Loronto shoreline East: Don River to Lakeshore Blvd. to the Don Roadway •North: Bloor St. E to the Prince Edward Viaduct seinsbnudaries:

TSA3 NWOTNWOD

AREAS OF SERVICE:

The service is available 24 hours a day, 7 days a week, and serves individuals 16 years of age

This service aims to respond to the needs and desires of the communities most impacted by policing and establish trust and confidence in a new community-based response model.

informed response to non-emergency crisis calls and wellness checks. an alternative to police enforcement, creating a community-based, client centred, traumasomeone in crisis that focuses on health, prevention and well-being. The service provides The Toronto Community Crisis Service (TCCS) is a new, alternate approach to responding to

Call 2-1-1 to access service

TORONTO COMMUNITY CRISIS SERVICE (TCCS)



Please note: This document is provided for informational purposes only. The information contained herein is obtained from sources we believe to be reliable. We do not assume any responsibility for inaccuracies.



DOWNTOWN TORONTO DROP-IN RESOURCE

LEGEND



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LANDMARKS

A Toronto Coach	n Terminal
B St. James Par	k
Toronto City H Phillips Squar	
D University Ave	. Courthouse
E St. Michael's I	Hospital
F Moss Park	
G Allan Gardens	
H George Hislop	Park
Queen's Park	
J Barbara Hall F	Park
K Old City Hall	

WINTER WARMING CENTRE

